



Source: "The TAO of Leadership" by John Heider

## Owning or Being Owned?

**A**re you doing this work to facilitate growth or to become famous?  
Which is more important: acquiring more possessions or becoming more conscious?  
Which works better: getting or letting go?

There is a problem with owning a lot. There is a problem with getting more and more.

The more you have and the more you get, the more you have to look after. The more you might lose. Is that owning or being owned?

But if you give up things, you can give up spending your life looking after things.

Try being still in order to discover your inner security. If you have inner security, you will have what you want anyway. Also you will be less harried, and you will last longer.

